Looking for a presenter or coach for your upcoming session?
A unique combination of voice and body language coaching to help people realise their full potential as a presenter.

The ability to demonstrate a powerful presence and confidence in all manner of communications is an increasingly critical skill for executives, lawyers and leaders alike. Many people can be let down by a lack of confidence in this area, often caused by a harsh inner judge and critic. Even when they are a leader and expert in their field, they are unable to get their message across effectively and with impact.

The good news: the all-elusive quality of “gravitas” is not something you are simply born with – it can be learned. My techniques draw upon the disciplines of psychology, voice projection, body language, theatre and communications to deliver a presentation, coaching session or workshop that will be remembered for years to come.

Building lifelong capability in people and teams.

I work with organisations to develop highly tailored one-on-one and group coaching or keynote presentation sessions to help rapidly upskill their people in the art of presenting. I am a sought after expert in this field, being an accredited executive leadership coach, published author of the book, “Raise your voice” and a Myers-Briggs-Type indicator trainer and facilitator. My former life as a theatre director also helps to inject a whole lot of “colour” into any session I lead with an organisation.

A unique approach to taming the inner critic and presenting with confidence

In the last 30 years I have helped thousands of people using my “stand and deliver” method - a way to fast track clients in uncovering negative thought patterns and then re-arranging their belief system.

Some companies I"ve had the pleasure of working with:

[Image of logos]

My sessions also focus on:

Body language: staying centred and grounded under pressure. Increased awareness of unconscious signals

Vocal technique: strengthening vocal power to dramatically improve self-confidence and capacity to influence

Brand identity: learning how to assemble your personal professional story in order to make meaningful connections with clients, colleagues and superiors.
I help people become magnificent at what they do.

The following topics are my main coaching, workshop and presentation themes, however all can be customised to suit the audience. If you have a specific event theme or a topic in mind, I’m happy to work with you to develop concepts that will resonate with your audience. Another option is to offer your participants a copy of my internationally acclaimed book “Raise your Voice” as a valuable take-home gift.

### Richard Lawton Session Menu

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<th>Topic</th>
<th>Perfect for</th>
<th>Techniques you will learn</th>
<th>Ideal Session type</th>
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<tr>
<td><strong>Speak Out</strong> – Learning to think on your feet and respond as a dynamic business presenter</td>
<td>Anybody who presents to an audience</td>
<td>• Stay calm &amp; stand fearlessly in front of audience&lt;br&gt;• Manage inner judge, critic &amp; sensor&lt;br&gt;• Maintaining eye contact &amp; voice projection&lt;br&gt;• Command the presentation space</td>
<td>• Small group session to allow personal attention &amp; feedback.&lt;br&gt;Also includes one-on-one coaching session&lt;br&gt;• Up to 8 people&lt;br&gt;• 1 day or 2 half days</td>
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<tr>
<td><strong>As She Speaks</strong>* – Helping women find their unique voice and presentation style in order to crack the glass ceiling.</td>
<td>Women of all experience levels from legal or corporate backgrounds</td>
<td>• Stay calm &amp; stand fearlessly in front of audience&lt;br&gt;• Think on your feet&lt;br&gt;• Tips for dealing with the ‘aggressive versus assertive balancing act’&lt;br&gt;• Ability to pull yourself out of performance anxiety</td>
<td>• Small group session to allow personal attention &amp; feedback.&lt;br&gt;• Up to 10 people&lt;br&gt;• 1 day or 2 half days</td>
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<td><strong>Command the room</strong> – Simulated courtroom experiences</td>
<td>Lawyers of all levels</td>
<td>All of the above, plus:&lt;br&gt;• Handling objections&lt;br&gt;• Dealing with intimidating witnesses &amp; judges</td>
<td>• Small group session to allow personal feedback.&lt;br&gt;• Up to 10 people</td>
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<td><strong>Creating Client Impact</strong> – Influencing stakeholders and creating impact with clients</td>
<td>Anybody who presents to an audience, or in a meeting</td>
<td>• Studying your assertiveness index&lt;br&gt;• Embodying authenticity, charisma and humour&lt;br&gt;• Practicing a methodology for handling conflict and emotional triggers</td>
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<td><strong>The art of nailing job interviews</strong> – techniques to manage nerves and present with confidence</td>
<td>Job seekers</td>
<td>• Stay calm &amp; speak fearlessly to job interviewer&lt;br&gt;• Manage inner judge, critic &amp; sensor&lt;br&gt;• Maintaining eye contact &amp; voice projection</td>
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<tr>
<td><strong>Becoming comfortable with discomfort</strong> – Managing difficult conversations</td>
<td>Leaders, managers and anybody who works in a team</td>
<td>• Stay calm in difficult situations&lt;br&gt;• How to manage inner judge, critic and sensor&lt;br&gt;• Think on your feet</td>
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<tr>
<td><strong>Gravitas for executives</strong> – Developing influence and gravitas for executives</td>
<td>Executives and Senior leaders</td>
<td>• How to command a space &amp; be an impressive presence&lt;br&gt;• How to embody authenticity, charisma, humour &amp; personal magnetism</td>
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<tr>
<td><strong>Achieve your potential</strong> – Voice and “full body intelligence” coaching</td>
<td>Anybody who presents to an audience</td>
<td>• Stay calm &amp; stand fearlessly in front of audience&lt;br&gt;• Maintaining eye contact &amp; voice projection&lt;br&gt;• Command the presentation space</td>
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These topics can be customised to a range of session types:
- 1-on-1 coaching
- Keynote presentation
- Small group coaching
- Lunch & learn
- Consultations
- Workshop facilitation
- Strategic / team retreats
Here’s what some past clients had to say…

“You graphically reminded me of the value of giving the voice (your instrument) it’s full potential.”

- Ian Gray, former Chief Magistrate

“Richard is a dynamic, inspiring and passionate teacher. People who work with him, and are taught by him, are very fortunate indeed.”

- Professor P.S., Monash University

“In my line of work I get to attend many events and in doing so witness a huge array of speakers. Richard however, did something very special at that conference, something that I will carry with me forever. It was an incredibly uplifting, invigorating and enlivening experience for all who were lucky enough to share it.”

- Gareth Sambrook, Head of Learning and Development, Victorian Civil and Admin Tribunal

“The Presentation Skills Coaching that I received from Richard Lawton was nothing less than transformational. He listened beyond my words to gain an understanding of my hurdles and connect with my inner critic. Richard created a safe environment where I could step out of my comfort zone and challenge my perceptions. The coaching process enabled me to discover my authentic inner voice and embrace my core strength that propelled me forward, exceeding my expectations.”

- Suzi Finkelstein, Senior Facilitator and Consultant, Workplace Training Advisory of Australia

“I found Richard very good at helping me work out the answers to my problems. The areas that were specifically very insightful and beneficial for me were:

- Ease of communication style between us
- Realisation of problems with specific difficult individuals and ways to deal with these
- Voicework and Status during presentations and meetings
- Elevator story regarding my career goals

- Anna Barton, Manager Cloud Solutions, Telstra

“Our symposium had 140 people from around the world. You were able to facilitate everyone… in creating something beautiful and in harmony, which was extremely powerful.”

- Jeff Young, CEO: Bouverie Centre
Am I the right presenter or coach for you?

**Executive coaching**

**Keynote speaking**

**Presentation skills**

**Empower through voice**

**Body language expert**

**Author**

**Empowering women through voice and presentation**

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**BOOK RICHARD**

I would love to discuss your needs and how I could tailor a keynote presentation, 1-on-1 coaching session or workshop to your needs. Please call me to talk dates, topics and fees.

Please contact me on 0401 555 498 or email richard@richardlawton.com.au

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